

STUDENT HANDBOOK

ACCADEMIA ITALIANA SALERNO

Your Guide

This handbook contains information about the school and life in Salerno to make your time with us interesting and useful. For any additional information, our staff and teachers are always happy to help you.



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01

THE SCHOOL

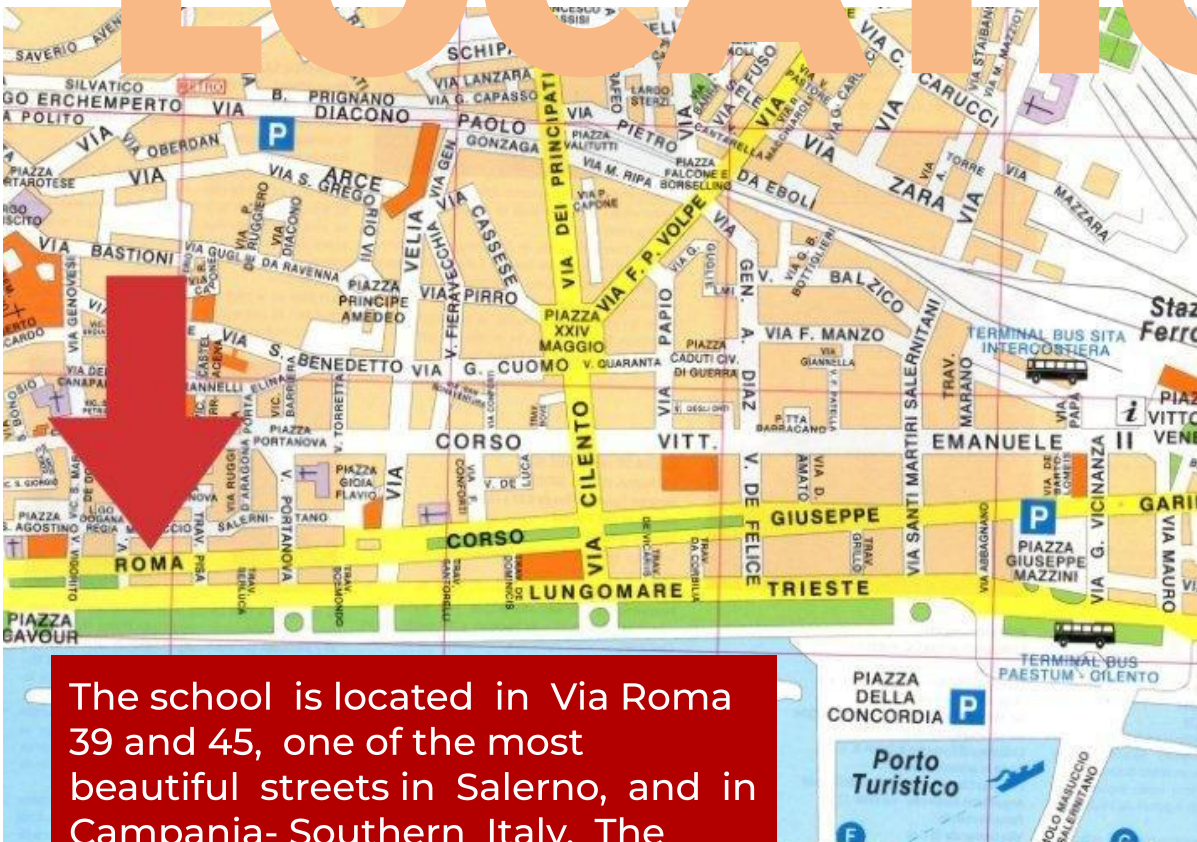
ACCADEMIA ITALIANA



The Accademia Italiana of Salerno is an Italian Language and Culture Center, founded in 1997. Our Institution is specialized in teaching Italian as a foreign language and it is one of the most accredited institutions in Southern Italy. Accademia Italiana is recognized by the Italian Ministry of Education (p.a. 368/11) and by the University for Foreigners of Siena and the University for Foreigners of Perugia for the official Italian certifications recognized by Law and based on the Common European Framework of Reference for Languages.

Accademia Italiana is officially accredited by the University of Mississippi (Oxford-MS) for the transfer of academic credits for Study Abroad Programs in Italy. It is also an official member of IALC (International Association of Language Centres), ASILS (Italian Association of High-Quality Schools) and it has several partnerships with international universities and high schools in the USA, Japan, China and Europe. Our goal is to provide students with a unique learning experience in a place where they can easily combine the study of the Italian language with a wide range of courses and activities that will increase their awareness of the Italian culture.

LOCATION



The school is located in Via Roma 39 and 45, one of the most beautiful streets in Salerno, and in Campania- Southern Italy. The ancient school buildings are just in front of the sea and within 2 minutes walking distance to the old town and to the main city monuments.



Internet and Wifi: Students can use the Internet connection at any time. The school provides 6 computers. Wi-Fi is also available in the classrooms and in the conference room. Password: @salerno2021!

Opening hours: Accademia Italiana is open everyday, from Monday to Friday from 08:30 am to 08:30 pm (07:30 pm June-August).

Coffee room: The school has a comfortable coffee room with vending machines for coffee, cappuccino, water, and salted and sweet snacks. You can spend your breaks here, buying your snacks and enjoying the view. The vending machines operate with coins of 10, 20, and 50 cents and 1 and 2 euros.

Library and video: The school has a library with different kinds of books, movies, and videos in Italian and in other languages. For advice or for borrowing books, please ask our head librarian, Ms. Pina Castiglione, from Monday to Friday from 01:00 pm to 01:30 pm or to our secretariat staff. You can read books at school or you can also borrow them and read them elsewhere. Italian Movies are also available for students.

Scan the QR codes to
follow us!

Scannerizza i codici QR
per seguirci!



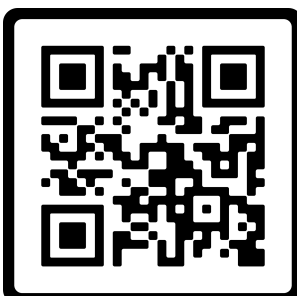
FACEBOOK

Accademia Italiana
Salerno



INSTAGRAM

@accademia_italiana_salerno



LINKEDIN

Accademia Italiana -
Italian Language and Culture
Centre Salerno



[https://www.youtube.com/
@TheACCADEMIAITALIANA](https://www.youtube.com/@TheACCADEMIAITALIANA)

<https://www.accademia-italiana.it/>



STAFF



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Founder & General Director

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Executive Vice Director

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RACHELE FORTUNATO

Didactic Coordinator & Teacher Trainer

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PINA CASTIGLIONE

Head Librarian & Senior Instructor

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ANDREINA MASI

Marketing & Italian Instructor

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andreina@accademia-italiana.it





Your course

02



DAILY SCHEDULE

Morning	8:30 - 09:00	Placement Test*
	09:00 - 11:00	Lessons
	11:00 - 11:30	Break
	11:30 - 12:30	Lessons
	12:30 - 13:00	Orientation
Afternoon	13:30 - 16:00	Afternoon Lessons**
	16:00 - 17:00	Seminars & Activities
	17:00 - 19:00	Evening Activities

* The placement test and orientation only occur on the students' first day.

** Afternoon lessons are only for students who are enrolled in our intensive or super-intensive courses.

Seminars and activities are regularly scheduled for students. For more information visit the secretary's desk.

Lesson Schedule

Our courses run from Monday to Friday. All the lessons start at 09:00 am and they finish at 12:30 pm for standard courses. The standard course includes 20 lessons per week, 4 lessons a day. Intensive and super intensive courses also include lessons in the afternoon. Each lesson has a length of 45 minutes.

Placement Test

It tests your level of Italian, so that you are placed in the right class according to your level.

Placement consists of a grammar test and a short interview with the teachers. Placement test starts at 08:30 am on the first day of your course. After this test you can regularly attend the lessons.

Orientation

On the first day of attendance, after the lessons, there is an introduction to our school, the courses, the activities and leisure program, etc. Furthermore, you are given information about our city and practical advice about your stay. You will meet the key staff members and the teachers, so you will know who you can address your questions or concerns to in case of any problems.

LANGUAGE LEVEL

BASIC	A1	<ul style="list-style-type: none"> • Understands and use familiar everyday expressions • Uses very basic phrases aimed at the satisfaction of needs of a concrete type • Can introduce him/herself and others and can ask and answer questions about personal details • Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help
	A2	<ul style="list-style-type: none"> • Understands sentences and frequently used expressions related to areas of most immediate relevance • Can communicate in simple and routine tasks requiring a simple and direct exchange of information on familiar and routine matters. • Can describe in simple terms and aspects of his/her background, immediate environment and matters in areas of immediate need.
INDEPENDENT	B1	<ul style="list-style-type: none"> • Understands the main points of clear standard input • Familiar with matters regularly encountered in work/school/leisure • Can deal with most situations likely to arise while traveling • Can produce simple connected text on topics which are familiar • Can describe experiences and events, dreams, hopes & ambitions • Gives brief reasons and explanations for opinions and plans
	B2	<ul style="list-style-type: none"> • Understands the main ideas of complex text • Understands abstract topics, including technical discussion in his/her field of specialization • Interact with native speaker without strain for either party • Can produce clear, detailed text on a wide range of subjects • Can explain a viewpoint giving advantages and disadvantages
PROFICIENT	C1	<ul style="list-style-type: none"> • Understands a wide range of demanding, longer texts • Recognize implicit meanings • Can express herself spontaneously without searching for expressions. Uses language effectively for social, academic and professional purposes • Can produce clear, well-structured, detailed text on complex subjects
	C2	<ul style="list-style-type: none"> • Understands with ease virtually everything heard or read • Can summarize information from different spoken and written sources • Can reconstruct arguments and accounts in a coherent presentation • Can differentiating finer shades of meaning even in more complex situations

Classes

Depending on the starting date and type of course you have chosen, you might join a class which already exists because students arrive on different dates and stay for different lengths of time. Every week students start a separate teaching unit and you are placed in the class which is most appropriate for you and your level of Italian. Your teacher will help you integrate into the group. The classes are made up of a minimum of 4 and a maximum of 10 students.

Teachers

All the teachers are highly qualified and specialized in teaching Italian as a foreign language, L2/FL. All have university degrees and have been selected for their professional qualifications, their enthusiasm and their ability. The teachers are the main point of reference for the students.

They regularly organize different recreational and cultural activities in order to make students practice the Italian language even outside the classroom.

Materials

You can borrow your textbook or you can decide to buy it. In addition, your teacher will use a wide range of supplementary resource as well as authentic materials.

Progression

You will take a progress test every Friday at the end of the teaching unit in order to assess if you need to repeat that unit or if you can go on with the program. You can discuss the test with your teacher.

Ending and Certificates

At the end of your course you will receive a certificate of attendance (provided you have attended at least 80% of your course). You are also asked to take a final test to measure the progress you have made since you started your course, and a short questionnaire about your classes and all aspects of your stay with us. This is very important to us in order to improve our services.

Questions and Advice

If you are uncertain about your level or your course, you can speak to your teacher first and then with our didactic coordinator, Ms Rachele Fortunato, who is available to help students every day from Monday to Friday from 08:30 am to 09:00 am or after your classes at 12:30 pm.



SALERNO is a safe and lively city. It offers a lot of opportunities for fun, cultural activities and shopping. Salerno nightlife takes place in the beautiful old town where it is possible to find many restaurants, pubs, bar enjoyed by people of every age.

The city has preserved much of its past which can be seen from its numerous monuments and folkloristic traditions. The wonderful Medieval Old Town is dominated by the castle of the Longobard Prince Arechi (IX Century) and is noted for its imposing Romanesque Cathedral (XI Century) which is situated in the middle of a characteristic medieval area where the ancient atmosphere mingles with the buzz of modern life, creating an astonishing blend of Italian originality.

03



The City



5

1. **S. Matthew Cathedral** (5 min by walk)
2. **S. Pietro a Corte** (Church with Roman Bath - 5 min by walk)
3. **Giardini della Minerva** (10 min by walk)
4. **Teatro Verdi** (5 min by walk)
5. **Arechi Castle** (20 min by bus)
6. **Archaeological Museum** (10 min by walk)
7. **Museum of Salerno School of Medicine** (5 min by walk)

STAY SAFE

in Salerno

Take advantage of this opportunity and enjoy your stay.

However you are in a foreign country and not everything will work as at home.

Here you will find some recommendations to help you understand how to behave:

In the city: Salerno is a very quiet, medium-sized city (about 150,000 inhabitants). The areas that delimit the city center are: via Roma (where the school is located and where most of the bars, restaurants and clubs are located), the historic center (via Tasso/via Dei Mercanti), corso Vittorio Emanuele, Piazza XXIV Maggio (also known as Piazza Malta), Piazza S. Francesco and obviously the Lungomare Trieste, especially the stretch that from Via Roma reaches Piazza della Concordia (near the Tourist Port and the Railway Station). The city is divided into several districts: Carmine area (about 20 min walk from the school and 5 min walk from Piazza S. Francesco); Torrione (30 min walk from the school); Pastena and Mercatello (reachable by bus n.6 and n.5 - bus stop on the waterfront in front of the school - or with buses 8 and 12 stop in Piazza della Concordia).

Please keep with you a photocopy of your passport and permit of stay but keep the originals in a safe place at home as it's compulsory in Italy carrying an ID all the time.

Alcohol behavior: A major cultural difference in Italy is alcohol behavior. It may be unbelievable but it's true: Italians are the largest wine producers in the world and sometimes you can find wines at the supermarket that cost less than mineral water, you can easily buy bottles of wine when and where you want but getting drunk and losing control, can be dangerous.

There is nothing forbidden and intriguing about drinking, on the contrary, seeing people who lose control and maybe get sick is considered very embarrassing and inappropriate. You are in a new environment and you must be careful to keep yourself lucid and avoid accidents.

Dress code: During the day and at the school you can wear comfortable clothes.

Even though Salerno is a seaside city, it is good for you to know that shorts and flip-flops are generally used only on the beach or during the day.

It is important to cover your shoulders if you are entering a church, so avoid tops or shoulderless clothing.

At home: Beds can be slightly different sizes, refrigerators can be smaller, meal times are different, washing machines operate differently, so ask for all the information you might need. Don't be shy (but be flexible). In general, we can say not to let anyone enter the building and to remember to close all the windows and lock the entrance door. Keep your set of keys always separate from your address and be careful to shut the door properly behind you when you enter the building.

Taxi: Take only official cabs and take a picture of the name and number of the car. In case you forget something in the car it would be the only way to trace it. You can call a taxi by dialing the following number +39 089 757575 and it arrives in few minutes: be ready to provide on the phone your correct location and your address of destination!

Golden Safety Measures:

1. Avoid any large gatherings of people, such as demonstrations. When you go out in the evening, always go with friends or in groups and let people know where you are.
2. If you are concerned about your safety, reach out for assistance. You may email the Director of the school francescamemoli@accademia-italiana.it or call the school emergency numbers at any time.
3. Store the universal emergency number 112 on your phone.

WHERE TO EAT



Tasting the Italian traditional food will be one of your best memories of your Study Abroad experience! In Salerno there are a lot of restaurants where you can eat traditional dishes but before looking at the list, it is better you know more about the difference between ristorante, trattoria and pizzeria. A restaurant (ristorante) is a more formal place where you can eat traditional food but prices are usually higher than in pizzeria and trattoria. Trattoria usually serves local or typical food and prices are lower than in restaurants. Pizzeria, as you can easily imagine from the word, it is a place where you eat pizza but also pasta or salad.

Prices are usually lower than in a restaurant or in a trattoria but, of course, it depends on what you eat!

Last but not least, there is something you must know: meals have an order. We eat first antipasto (optional) then primo (pasta or riso), secondo (meat or fish), dessert, fruit and coffee. We usually drink cappuccino only for breakfast and not in the afternoon.

Where to eat in the school area

The School has several agreements with restaurants near the School. You will get a special price if you say you are one of our students. Here you have a list of some restaurants:

ANGOLO MASUCCIO: Via Masuccio Salernitano 45, It is situated in front of Accademia Italiana. Menù "à la carte". Traditional Cooking. Fish and meat. Range price: First or second courses (with seafood or meat) from 15,00 Euro;

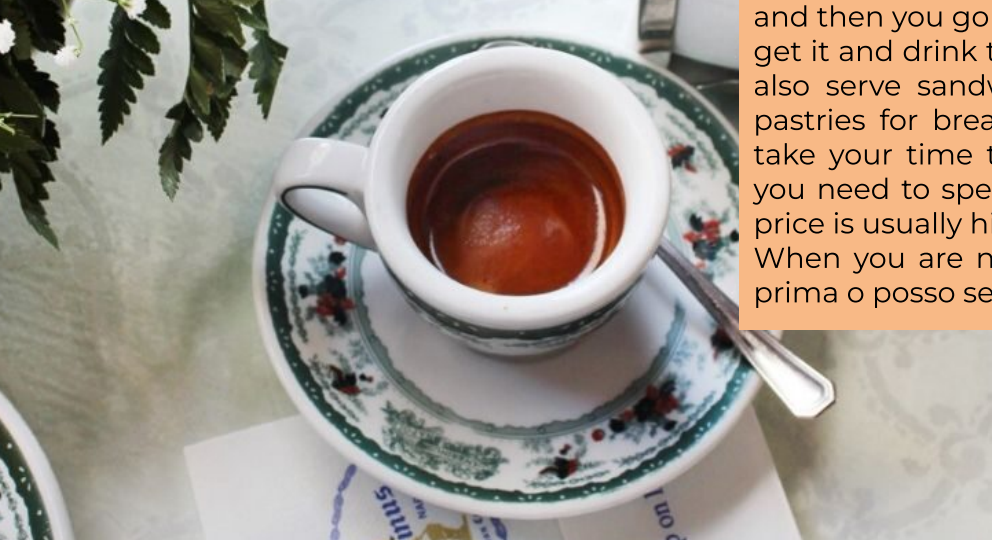
TRATTORIA ANTONIO LA TRIPPA: Via Roma, 190, 84121 Salerno. 2 minutes walking distance from the school. Traditional Cooking. Range price: from 10,00 Euro;

PIZZERIA DA MICHELE: P.za Sedile di Portanova, 21, 84122 Salerno, Range price: from 10,00 Euro

INTERNATIONAL COOKING

UMI - SUSHI: Via Roma 17, 84121 Salerno, 2 min walking distance from the school

MYTHOS - GREEK RESTAURANT: Via Roma 62, It is situated in front of Accademia Italiana.



Coffee shops or "bar", like we call them in Italy, are places where you dash in for a quick caffè and dash out after few minutes. You pay first for your coffee and then you go to the counter to get it and drink there (not at the table). Coffee shops also serve sandwiches, slices of pizzas, panini and pastries for breakfast. If you want to sit down and take your time to eat something or drink a coffee, you need to specify this when you pay because the price is usually higher. When you are not sure, you can ask "scusi, si paga prima o posso sedermi al tavolo?"

Tipping is not compulsory in Italy. In a restaurant, you usually pay a supplement (servizio) or a charge (coperto) that includes the tip and this is written at the bottom of the menu. This would range from 1-3 Euro per person. However, in some places service is not included and it is always nice to leave a small tip (about 10%).



Mozzarella di Bufala



Scialatielli ai Frutti di Mare



Pizza Margherita

Salerno Typical Dishes



Parmigiana di Melanzane

Where to go...

SHOPPING

The main street with shops is called “Corso Vittorio Emanuele”. It is a pedestrian area, situated at 2 minutes walking distance from the school.

Shops usually open at 09:00 am and they close for “lunch break” at 01:00 pm. They open after the afternoon break at 05:00 pm till 8:30 pm. They are usually closed on Sunday but there are often special Sunday shopping.

SUPERMARKETS

Supermarkets are usually open from 08:30 am to 8:30 pm. Small supermarkets or grocery store usually close for lunch break. (02:00 pm - 05:00 pm)

- **Supermercato “Carrefour Express”** - Via Sant’Agostino, Salerno (2 minutes walking distance from the school)
- **Decò** - Via Michele Vernieri 17, Salerno (15 minutes walking distance from the school)

MARKETS

Outdoor markets are more than places where to buy things at the best price! If you want to get a real taste of the Italian culture, you can’t miss them! Here you can buy seasonal fruits and vegetables, fish, cheese and fresh food.

You can also buy clothes and shoes even though these items don’t have the best quality.

- **Fruit and Clothes market** - Piazza S. Francesco (From Monday to Saturday from 07:30 am to 02:00 pm (15 minutes walking distance from the school)
- **Fruit and Clothes market** - loc. Torrione (From Monday to Saturday from 07:30 am to 02:00 pm (30 minutes walking distance from the school or 10 minutes by bus)

BEAUTY

- **DEVA Centro Estetico** – Via Velia 14, Tel. 089 237855 (2 minutes walking distance from the school)
- **Hairdresser: Dino Della Monica**
- Corso Garibaldi 233 (2 minutes walking distance from the school)

LAUNDRY

- **Lavanderia Self Service** - Regina Piazza Sedile di Portarotese, 1 , 84125 Salerno SA
- **Lavanderia Self Service** - Via San Giovanni Bosco 24 C/D (20 minutes walking distance from the school)
<https://www.ondablu.sa.it/index.html>
- **Lavanderia "Arcobaleno"** - Via Velia 65, tel: 089 229537 (5 minutes walking distance from the school)

COBBLER

- **La bottega del Calzolaio** - Via Irno, 56 - 841 35 - Salerno (SA) Tel: 089 796506 (20 minutes walking distance from the school) <http://www.labottegadelcalzolaio.it/>

ENTERTAINMENT

There are several cinemas downtown and tickets cost about 10 euros. However, on some days (Mondays and the second Wednesday of each month) you can get special discounts.

- **Cinema Teatro Augusteo** - Piazza Amendola 3 , Tel. 089 223994, 5 minutes walking distance from the school
- **Cinema S. Demetrio** - Via Dalmazia 4, Tel. 089 221690, www.cineteatrosandemetrio.it, 15 minutes walking distance from the school
- **Cinema Medusa** - Viale A. Bandiera, www.thespacecinema.it
- **Teatro Verdi** – Piazza Matteo Luciani, Tel 089 662141, www.teatroverdisalerno.it, 5 minutes walking distance from the school
- **Teatro delle Arti** – Via Guerino Grimaldi, 7, Tel. 089 221807, www.teatrodellearti.com, 20 minutes walking distance from the school



Getting Around

04

Salerno is a safe and lively city. It offers a lot of opportunities for fun, cultural activities, and shopping. It is a mid-sized city (about 150,000 inhabitants) and from the school and your accommodation you can walk to the city-centre and you don't need to take any public transport. Walking is all you need but if you want to use public transport it is better you know more about it.

Public Transport



BUS

Salerno Public Transport Companies are called **CSTP-BUS ITALIA** (<http://www.cstp.it/v2/>) or **SITA**.

CSTP-BUS ITALIA are orange buses and you can find several bus stops in the city centre (2 minutes walking distance from the school). By **CSTP-BUS ITALIA** buses you can travel in Salerno or you can get to Vietri (the first village on the Amalfi Coast) or to the Arechi Castle, one of the most important monuments in Salerno.

By **SITA BUS** (the blue buses) you can travel to Naples, Pompeii, or to the Amalfi Coast.

In order to use public transport, you need to buy tickets of different fares according to your journey.

PICKING UP SERVICE

For its students the school arranges a Transfer Service from Naples Airport or Railway Station directly to their accommodation. This service, available 24h a day, must be requested in the enrolment form and details of arrival (date and time arrival, number of flight/train) must be communicated at least one week before arrival. The service is not cancellable within 48 hours of your arrival.



FERRIES

Salerno has two main ports: **Molo Manfredi** (departure for ferries to the Amalfi Coast) and **Porto Commerciale** (departure for ferries to Capri).

If you want to travel to the Amalfi Coast (Amalfi, Positano, Sorrento) you can travel by bus (SITA BUS) or you can travel by ferryboats. This last option is highly recommended not only because it is the fastest but because it gives you a panoramic trip. Ferry boats to Amalfi and Positano run from April to the end of October and the departure is from Molo Manfredi, in Piazza della Concordia, only 15 minutes walking distance from the school.

If you want to travel to the islands of Capri, you have to board from "Porto Commerciale", about 10 minutes walking distance from the school and the city centre.

For more information about the fares, you can visit the ferry boat companies (please see the link below) or you can ask our staff.

ALICOAST <http://www.alicost.it/>, TRAVELMAR <http://www.travelmar.it/>

TRAIN

Salerno has only one train station which is located in the city centre. From Salerno Train Station you can easily reach all the Italian cities (Rome, Florence, Milan, Venice, etc.).

The main train company is called TRENITALIA (www.trenitalia.com) but there is also another private company called ITALO that has more affordable fares and trains that get to the main Italian cities.

There are different kinds of trains: REGIONAL (a slow train mainly used to travel to near destinations such as Salerno, Pompeii or Paestum); INTERCITY and FRECCIAROSSA / FRECCIAARGENTO, highly recommended to travel to Rome, Florence or Milan.

The Taxi Station in Salerno is located in front of the Train Station. You can call a taxi by dialing the following number: +39 089 757575 and it arrives in few minutes. If you're staying in a hotel or with a host family, have them call one for you. When you call, be prepared to provide information about your location. Taxis are not very cheap but they are reliable.

Uber is not very common in Salerno. However, we strongly recommend to use only the official TAXIS which are usually white cars.

TAXI

While you are traveling on public transportation, keep an eye on your wallet and keep your bag with you in a place you can easily see it. Don't leave your bag on the seat and if you are wearing a backpack, keep it in front of you.



TICKETS

Where to buy tickets

Physical tickets:

- In the many participating **Tabaccheria** and newsagents, near to the stations
- At the **Unico Points** distributed throughout the territory
- Through **vending machines** in most stations

Non physical ticket:

- in the **App UNICO CAMPANIA**

You can get a one-trip ticket or a daily ticket and costs vary according to the destination, so you must specify where you want to go and you will get the ticket valid for your destination. One- trip ticket costs about 1,10 euro and it lasts for 90 minutes.

If you buy physical tickets, you have to stamp and validate them before boarding. When you get on a bus you

have to stamp the ticket in the machines which are on the bus. If you buy it online and you get it scanned on your smartphone, you only need to show it to the ticket inspector.

If you travel by Freccia Rossa/ Argento , Intercity and Italo treno you will have an assigned seat and you can check the seat and coach number on your ticket.

Going
to
the

BEACH

SALERNO

Lido La Conchiglia – via Lungomare Tafuri (in front of Grand Hotel Salerno), 15 minutes walking distance from the school. Price: 15 EUR per day (all inclusive: swimming pool, beach umbrella and lounge), <https://www.laconchigliasalerno.it/>



Lido "Isla Bonita" – Pontecagnano Faiano 84098 (Salerno), Tel: 089 203560, 20 minutes by BUS (n.24 or n.31), Price: from 6 EUR per day (beach umbrella and lounge) <http://www.laislabonitamare.it/it/>

AMALFI COAST

Vietri sul Mare – 5 minutes by bus from the school – BUSES: n.1/n.4 from Salerno to Vietri and bus n.68/n.69 from Vietri to Marina di Vietri.

Erchie – 20 minutes by bus from the school – BUSES: Sita bus to Amalfi

Maiori & Minori – 30 minutes by bus from the school – BUSES: Sita bus to Amalfi

Amalfi – 40 minutes by bus from the school – BUSES: Sita bus to Amalfi or by Ferryboat

CILENTO COAST

Paestum – 30 minutes by train

Agropoli – 40 minutes by train

S. Maria di Castellabate – 60 minutes by car

Acciaroli – 80 minutes by car

Marina di Camerota – 90 minutes by car

Palinuro – 70 minutes by train



How to arrive in Salerno

The nearest airport is Naples International Airport which is linked to airports all over the world with direct connections. Rapid connections at all hours of the day permit speedy transfer to Salerno. Rome International airports (Fiumicino and Ciampino) are situated at 283 km and it takes 2.30 hours to get to Salerno by direct train connections. Naples airport (Capodichino) is situated at about 60 km and it takes from 40 minutes to 1 hour to get to Salerno by direct train connections. From Naples airport you can get to the the main train station (Napoli Centrale) by a shuttle bus (Alibus). Alibus stop is outside the airport. For more details you can visit the website: https://www.aeroportoedinapoli.it/en_GB/info-and-services/transport

Getting from/to Naples airport to Salerno by public transport

SITABUS: <http://www.sitabus.it/>

TRENITALIA: <http://www.trenitalia.com>

Getting from/to Rome airports to Salerno by public transport

CURCIO VIAGGI: <https://www.autolineeicurcio.it/>

LEONETTI BUS: <http://www.leonettibus.it>

TRENITALIA: <http://www.trenitalia.com>

TRENITALIA: FIUMICINO - ROMA TERMINI: <http://www.trenitalia.com>

ITALO TRENO: <http://www.Italotreno.it>

Getting from/to Rome airport (Fiumicino/Leonardo Da Vinci) to Rome railway station

LEONARDO EXPRESS:
https://www.trenitalia.com/en/services/fiumicino_airport.html

Places to visit while you are in Salerno



The islands



CAPRI

(it takes 70 Minutes by ferry)

Capri is one of the most beautiful and famous islands of the Amalfi Coast. Some of the main areas of the island include the following: the Marina Piccola (the little harbour), the Belvedere of Tragara (a high panoramic promenade lined with villas), the limestone crags called sea stacks that project above the sea (the Faraglioni), the town of Anacapri, the Blue Grotto (Grotta Azzurra), and the ruins of the Imperial Roman villas.

ISCHIA

(it takes 60 Minutes by ferry)

Ischia is an island of volcanic origins in Italy's Campania region, at the northern end of the Bay of Naples. The island is easily reached by ferries and hydrofoils from Naples. As well as sandy beaches and blue sea, the island also boasts natural thermal springs, and the spa complexes around these are another major holiday attraction.



PROCIDA

(it takes 50 Minutes by ferry)

Procida is a small island in the Bay of Naples in southern Italy. Procida's charm has led to it featuring in a number of films including the classic *Il Postino* and *The Talented Mr. Ripley*. It has also been used as a literary setting, notably in *L'Isola di Arturo* (Arturo's Island), a 1957 novel by Elsa Morante.

the Golf of Napoli I

ERCOLANO

(it takes 60 Minutes by train)

Herculaneum (it: Ercolano) is a town close to Naples in Campania, Italy. It is named after the ruined Roman city which forms its main attraction. Herculaneum was destroyed by an eruption of Mt. Vesuvius in AD 79, in the same eruption that destroyed Pompeii.



VESUVIUS

(it takes 80 Minutes by train and bus)

Monte Vesuvio is a volcano east of Naples, Italy. It is the only volcano on the European mainland to have erupted within the last hundred years, although it is not currently erupting. It forms a conspicuous feature in the beautiful landscape presented by that bay, when viewed from the sea, with the city in the foreground. The mountain is notorious for its destruction of the Roman cities of Pompeii and Herculaneum in AD 79.



POMPEII

(it takes 40 Minutes by train)

The city of Pompeii is famous all over the world because it was destroyed and buried by the explosions of Vesuvius in 79 AD. The city was rediscovered in 1599. Since then there has been continuous archeological work carried out and still today they are digging up other relics. Today, Pompeii is a UNESCO World Heritage Site.



SORRENTO

(it takes 60 Minutes by bus)

Sorrento is the pearl of the Sorrento Coast. Visitors cannot miss its centro storico (old town) with its shops and monuments: the Cathedral, the Basilica of San Francesco and the public gardens (Villa Comunale) from which you can enjoy a breathtaking view.



the Amalfi coast

RAVELLO

(it takes 50 Minutes by bus)

Capital of Classical Music festivals and Events
The charm of its landscapes, the quality of its monuments and villas ravished a lot of European artists who came here to find inspiration. The history of Ravello is directly linked to Amalfi's one. During the period in which Amalfi was one of four powerful Maritime Republic, Ravello reached its maximum splendor excelling in commerce.



AMALFI

(it takes 40 Minutes by ferry)

Amalfi is one of the most important and particular city on the Coast. Its medieval architecture and the 11th-century cathedral of St. Andrew richly represent the artistic movement prevailing in Southern Italy at the time of the Normans. The Amalfi coast is famed for its production of Limoncello liqueur and for its handmade thick paper which is called "bambagina".



POSITANO

(it takes 50 Minutes by ferry)

Positano is one of the most attractive towns along the Amalfi Coast, with its winding streets and typical Mediterranean architecture. Famous worldwide for its fashion (Moda Positano), handmade clothing and sandals, Positano is one of the most popular destinations after Capri. Positano has also been the setting for many famous films.



VIETRI SUL MARE

(it takes 10 Minutes by bus)

Named as UNESCO World Heritage in 1997, along with the rest of the Amalfi Coast, Vietri is famous for its old tradition of ceramics, majolica, and pottery. The main monument is the Church of St. John the Baptist, dating to 1732, which is famous for its majolica tiled cupola.



towns nearby



NAPOLI

(it takes 35 Minutes by train)

Naples, founded by Greek colonists in 470 BC, is one of the most ancient cities in Europe. The beautiful Cathedral of Saint Januarius, the folk San Gregorio Armeno street, home to the artisans specialized in the art of the Neapolitan Presepe, the Gothic church of Santa Chiara, the majestic Piazza Plebiscito and the Royal Palace are just a few of the monuments you can visit in Naples, accompanied by a slice of pizza Margherita (here it was born in 1789) and a cup of espresso.

CASERTA

(it takes 60 Minutes by train)

La "Reggia di Caserta" is a former royal residence built for the Bourbon kings of Naples. It was the largest palace and one of the largest buildings erected in Europe during the 18th century. In 1997, the palace was designated a UNESCO World Heritage Site, described in its nomination as "the swan song of the spectacular art of the Baroque, from which it adopted all the features needed to create the illusions of multidirectional space".



BENEVENTO

(it takes 60 Minutes by car)

Benevento is a historic town in the region of Campania, 50 km inland from Naples. It was a base for Roman expansion in southern Italy and an important stop on the Via Appia, the ancient Roman road connecting the west and east coasts. Benevento hosts the Monumental Complex of Santa Sofia and of the homonymous Church, UNESCO World Heritage Site, a few original frescoes of which are on view in its lateral apses.

CAVA DE TIRRENI

(it takes 15 Minutes by bus)

The history of the town is related with the Benedictine Abbey built in the XI Century. The little town is also famous for its Cathedral and for the medieval parades.



Cilento coast



PAESTUM

(it takes 40 Minutes by train)

Paestum was founded around the end of the 7th century BC by colonists from the Greek city of Sybaris originally known as Poseidonia. Today you can admire the magnificent Greek temples in Doric style dating from the first half of the 6th century BC. These were dedicated to Hera and Athena, although they have traditionally been identified as a basilica and temples of Neptune and Ceres. Paestum is also famous for its lovely golden beaches.

CILENTO COAST

(it takes 60 Minutes by car or by bus)

The National Park of Cilento is something you must experience at least once in your life. The Park stretches from the Tyrrhenian Coast up to the foot of the Apennines in the regions of Campania and Basilicata. Its astonishing natural and unspoiled landscapes include mountain paths, olive tree hills, and golden beaches. This is the ideal place for people who love both mountain and sea.



HOUSING



05

While studying in Salerno, you will be living in Italian host families or in shared apartments provided by the school. If you live with an Italian family this is a good occasion to practice the language outside the classroom and to learn more about the Italian culture.

All our lodgings are located in the city centre within walking distance from the school (max 25 minutes walking).

A special "housing office" in the school assigns each student his/her accommodation. Our office has the task to regularly check and inspect the assigned accommodation in order to guarantee the quality and the fulfilment of students' requirements.

Lodgings are available to students from the Sunday prior to the course start date (from 14:00 pm) until the Saturday (10:00 am) after the course. (Extra days must be requested at the moment of enrolment).

Accommodation includes sleeping facilities, required meals (if booked in host families), bed linen and blankets, water, gas, and electricity consumption.

Living with Italians or in an Italian house offers you the possibility to be intimately immersed in the Italian way of life. For a pleasant and relaxed time, we encourage you to respect the habits and way of life of the person(s) of whom you will be a guest.

The most important general attitude you should have is one of hospitality and openness. You are both a guest in your host's home and a representative of your culture, your school, and your country. You should always act in such a way that is both welcoming and helpful.

Whether you're staying with an Italian family or in an independent apartment, the following is intended to draw your attention to basic standards, but is not an exhaustive list:

1. The accommodation is available for you on the Sunday before the course start date after 14:00 pm until Saturday after the course end date before 10:00 am. Remember that any different arrival or departure times must be communicated to the school Housing Office. You will find the room well equipped, clean and tidy. It is your responsibility to keep the room clean and neat during your stay. The host will provide bed linen, covers, and towels. Remember to leave the room in the same condition as when you arrived. There is, of course, WI-FI in the apartment: you will find the password on your desk.

2. The heating of the flat is organized by the Italian environmental law with a limited time from the 15th November to the 30th of March from 6:30 am to 8:30 am and from 6:00 pm to 10:00 pm.

If there is no heating with a boiler, an electric or gas fire will be provided and can only be used in the above written hours. Students are responsible for any excessive consumption beyond these hours. Utility costs are very high in Italy. Everybody is strongly urged to assist in energy conservation. This can be done, for instances, by turning off lights when you leave. You will find your Italian families generally very careful about this. Hot water is usually provided by a hot water heater. Your daily shower should be limited to 10/15 minutes.

3. The use of electric blankets and electric radiators is not permitted. In host families, the use of the washing machine is not allowed; the family will plan two loads per week for the student (one colored clothing load and another for white colored clothing). As with the air-conditioning, dryer machines are relatively rare in Italy, in large measure again because of the extremely high cost of the power. In Italy almost all clothes drying is done on outside washing lines.

Those living in an executive student apartment will have a cleaning service to clean the apartment once a week. This service also includes the change of bed linens and towels. Those living in a standard student apartment are responsible for the cleanliness of communal spaces, bathrooms, and kitchens. For an additional charge, it is possible to hire a cleaning service.

4. Houses in Italy have 220 volts, so be careful when you plug your electrical devices, eg. hair dryers, etc. that run at 120 volts directly into the electrical socket. You should have adapter plugs and transformers.

5. After using kitchen and cooking utensils, students must clean up and put away all used items. Remember to keep bathroom and communal spaces clean after yourselves.

6. In a host family it is not possible to cook in the kitchen by yourself. They will provide a wonderful home-cooked Italian breakfast and dinner. Let them know if you really don't like some particular dish such as meat, fish or mushrooms. Your hosts may introduce you to a way of eating to which you are not accustomed. The less selective you are and the more that you adapt to the eating pattern of your hosts, the more you will enrich your experience. Dinner is served between 07:00 pm and 08:30 pm. If you're late please send a text message to your host mum.
7. Part of the pleasure of traveling in Italy is experiencing not only the rich cultural heritage found here but also the diversity that exists. Remember to respect the habits and living conditions of the host family or other people in their apartment. You should adjust yourself to the standards of neatness and cleanliness of your hosts.
8. The owner of the apartment will give you keys to the flat. Be very careful not to lose them or you will be charged for the key and lock replacements. Apartment keys must be left on the table in the room before departure. The keys of a host family apartment will be given at the family's discretion.
9. It is absolutely forbidden to invite friends, visitors or other people to enter the apartment and/or stay the night without prior agreement of the owner of the apartment. Please, if you are planning to go away for the night, let your host family know in order to not cause unnecessary concern.
10. It is absolutely forbidden to keep bottles of wine or any kind of alcohol in your room. Students are not allowed to drink alcohol in the school premises and in their accommodation, nor during excursions and cultural visits.
11. It is very important that you cooperate with your hosts/landlord in keeping the house safe. As burglaries are quite common in Italy, there are many measures that Italians take to prevent unwanted people from entering, such as a secure main door of the building, an intercom system to open the main door, a series of locks on the door of the house, and windows that can be closed with very secure shutters. Please take some time when you move in to see exactly how all of these things work. Above all, be sure to never open the door of the house or the main door of the building to anyone that you do not know, no matter what reason they may give you.
12. You'll have to observe the quiet hours of 2:00 pm to 4:00 pm and 11:00 pm to 8:00 am. Showers and baths are not allowed after 11 pm and before 6:00 am as the noise travels easily throughout the house. If you return home after 11.00pm, be especially attentive not to create any loud noises; for example, close doors softly.
13. Take special care in using the furniture and other things of the house. Remember that you're responsible for all repairs and replacements to any damaged or missing items. You'll find a complete inventory once entering your place and you'll be kindly asked to check it and sign it. The host family or the owner of the apartment must be notified immediately if anything is broken or becomes damaged. If you damage something, you will be asked to pay for its repair or replacement.
14. Take out the trash in your room on a regular basis (perhaps daily). Your hosts will show you where to put garbage as in Salerno there is a strict recycling waste policy. Students must be attentive in using the appropriate bins for plastic, glass, paper and organic waste. If you are living with a family, please ask your host to show you the bins and where to throw things away. If you are living in a shared apartment, please be aware of your responsibilities and in case of doubts, please ask our housing manager to provide you with the Trash Collection Rules. Try to avoid the fine! You'll be charged for it!
15. Should you have any technical problems in the apartment, please write an email to housing@accademia-italiana.it asking for help and explaining the situation. To solve the problem, it will take from 24 to 72 hours, depending on the availability of the technicians. In case a problem arises at the weekend, please contact the emergency number: +393450716013
16. Last but not least, should you have any problems or are unsure about any of the house rules, please do not hesitate to speak first about this with your hosts. Secondly, complaints or special requests have to be notified directly to the school's housing office in an official form possibly soon after arrival. Write an email to housing@accademia-italiana.it and we'll do our best to rectify the problem. If a situation arises in which a significant problem cannot be resolved, you may be moved to a different apartment. In your email you should clearly explain the reason for such a request. The housing coordinator will reply within 24 hours by email to fix an appointment with you. Accademia Italiana is committed to change your accommodation within one week.



Please remember, for any kind of issues regarding your accommodation, don't hesitate to contact our housing office!

housing@accademia-italiana.it

You can contact even directly Tiziana (tiziana@accademia-italiana.it) or Maria Laura (+393450716013).

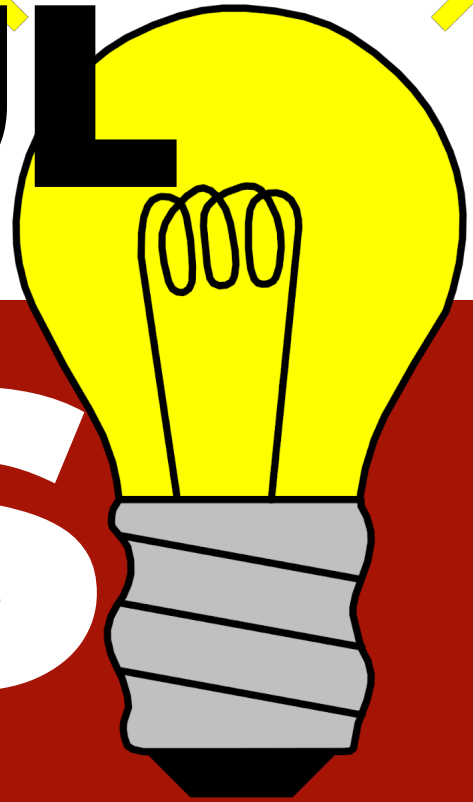
Certainly you can contact always the secretariat in the school directly at the desk or via +39 089 256965.

**HAVE A
NICE STAY!**

06

USEFUL

TIPS





MONEY

Italy is a cash country, so be prepared to pay by cash when you are shopping. It is highly recommended to carry bills less than 50 euros. Paying by credit card for smaller amounts is not very common and it depends on the stores. Smaller traditional shops or take away and fast food restaurants usually don't accept card payments. Before ordering, it's best to ask if it's possible to pay by cards. If you want to purchase a coffee or a cappuccino, you are expected to pay with coins or small bills (5's, 10's). The easiest way to get cash money is to use your debit card at the nearest ATM. There is a Intesa Sanpaolo only a 3 minutes walking distance away from the school.

ATM fees on foreign chargers depend on your banks. It's recommended that you check and review all international fees with your bank before departing. Be sure to also ask your bank if there are any sister branches in Italy and figure out where they are located. It is suggested that before leaving your home country, withdraw enough euros for pay for transportation and/or to purchase other necessities.

Please find here a link to one of the websites where you can check the exchange rates: <http://www.x-rates.com/calculator/>

Cost of living



Some examples:

1 COFFEE - 0,80 Euro

1 CAPPUCCINO - 1,20 Euro

1 PIZZA MARGHERITA - 3,50 Euro

1 PIZZA MARGHERITA + SOFT DRINK + DESSERT - 10,00 Euro

Range price: First or second courses (with seafood or meat) from 10,00 Euro

07

EMERGENCY

Accademia Italiana takes out an insurance policy to guarantee staff and students safety on the school premises. Students are advised to take out a medical and personal insurance before leaving their home country.

Student Health & Safety

Students safety is our primary concern. During your stay at Accademia Italiana, all efforts are made to ensure a risk-free environment and to guarantee your security.

Accademia Italiana is committed to achieving and maintaining the highest standards of health and safety for all employees and students.

This is accomplished by:

- The identification of all workplace hazards
- The identification of all people who may be exposed to the hazards
- The evaluation of the significant risks to which employees, students, and others are exposed. The recognition of the likelihood of foreseeable accidents, injuries occurring
- The selection of realistic and practical precautions and control measures

Risk Assessments are carried out by people who are trained and competent in the process; however, it is essential that everyone participates in making it a success.

With this in mind, it is also important to note that all students must take responsibility for their own safety and security during their stay. This means that students and participants in Accademia Italiana programs commit themselves to avoid dangerous situations.

Medical Emergency

In case a medical emergency arises during your stay in Italy and you think you need to call an ambulance the telephone number is 118, plus you have Accademia Italiana Emergency number + 39 3450716013 always available for you when the school is closed. Please save those numbers on your phone.

If you need to see a doctor, Accademia Italiana has a special agreement with a Poly Diagnostic centre – Check UP, located in Viale Andrea De Luca 5/A – z. i. ,84131 Salerno (tel. +39 089 771010). The centre offers several services among which specialist visits, blood tests, x-ray, etc. For a list of all the services offered you can visit the website: <http://check-up.net/>.

To schedule an appointment with a specialist, you can contact the following telephone number: +39 089 771010. Our secretary or your host family may help you to deal with it if you want to! The private medical centre is located 15 minutes away by car from the school.

Salerno public hospital “San Giovanni di Dio e Ruggi D’Aragona” is located in via S. Leonardo 1, Salerno, in the city centre. It takes 10 minutes by car/taxi/ ambulance from the school.

Note that a first aid box is kept on the school premises, next to the Front Desk Office. In case you need it, please ask our secretaries at the front desk, however, by the law, we are not allowed to give you any kind of medication.

EMERGENCY CONTACTS

FIRST AID: 118;

HOSPITAL: 118; +39 081 2543526

EMERGENCY: 118

POLICE: 113

FIRE: 115

112 is the European emergency phone number, available everywhere in the EU, free of charge.

USA Consulate General Naples: +39 081 5838111 / +39 081 5838221

Other Embassies: <http://www.esteri.it/mae/doc/>

If an emergency occurs, the meeting place Piazza Amendola Salerno, is in 7 minute walking distance from the school

SCHOOL EMERGENCY NUMBERS

Telephone: + 39 081 18181319

Mobile number:

+ 39 3450716013

You should enter these numbers in your contact list in your cell phone and carry them with you at all times or on a separate piece of paper in your backpack or in your purse.

Fire Safety Information at School

All of our students must carefully read the fire notices in the corridor of the school and they must be aware of the instructions with regards to exiting the building. In the case of a fire, no one should stop to collect personal belongings and students must look for the nearest escape route. In the event of a fire, the fire brigade must be called at 115. Teachers are responsible for escorting the students off the premises. Once safely outside the teacher of each class is responsible for checking the roster to ensure that all students are safe.

Earthquake Safety

In the case of an Earthquake, drop to the floor, take cover under a sturdy desk or table, and hold onto it firmly. Be prepared to move with it until the shaking stops. If you are not near a desk or table, drop to the floor against an interior wall and protect your head and neck with your arms.

Avoid exterior walls, windows, hanging objects, mirrors, tall furniture, etc.



SAFETY COVID protocol

All students are informed prior to arrival of the measures and simple safety guidelines they will have to follow to ensure a safe stay with Accademia Italiana Salerno.

Accademia Italiana is monitoring the situation relating to the Coronavirus (Covid-19) with the utmost attention and follows the indications of the proper local and national authorities.

In terms of prevention the school is constantly working to all the precautionary measures against the coronavirus infection set out by the Italian Ministry of Health and by the World Health Organization to be taken by anyone and a full assistance to our students. All our Staff is fully vaccinated.

Safety at the school

- There are signs around the school explaining the one-way system for using the corridors.
- The use of a mask is no more mandatory according to the current regulations.
- Hand sanitizers and surface disinfectant products are available in the school area
- The school intensively cleans and disinfects every day. In high season toilets and common spaces are cleaned and disinfected twice per day.

Cleaning and disinfection

At school, we use antibacterial hand soaps in the bathrooms. We take an extraordinary sanitation and disinfection of all premises every month. We commit ourselves to guarantee full cleanliness and hygiene.

Our cleaning staff is increasing the ordinary cleaning of school premises using antibacterial detergents with chlorine-based products as recommended by the Italian Ministry of Health.

Furthermore, we have installed electric hand dryers in all the bathrooms to avoid the use of hand paper.

Proper personal hygiene

As suggested by the health authorities, we introduce the 10 best practices indicated by the Italian Ministry of Health. We have asked our students to adopt appropriate self-care practices.

Health care

In case a student has high temperature, we help her/him to see a doctor who will determine the treatment and measures that have to be taken.

In case of positive COVID-19 testing, the student will be asked to stay in the accommodation: homestay, or student apartments following health authorities' recommendations. The school will give the student all the support needed.

Updates

We constantly follow the evolution of the situation in order to provide our students with all the necessary updates and information. For all the precautionary measures taken, we are supported by our School Doctor who is constantly monitoring the situation. For any other actions, we strictly follow the instructions of the national and local authorities. For more information you can visit the following official websites:

<https://www.esteri.it/en/>, <https://www.viaggiasesicuri.it/home>

For any questions, please write to: info@accademia-italiana.it contact via Whatsapp: +39 345 071 6013

Regional Coronavirus Numbers

ASL (Public health assistance) Salerno: +39 089 693960

Regional toll-free number: 800 909699

Emergency: 118

National Emergency number: 1500



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info@accademia-italiana.it
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